Provincial TiOAT Evaluation

QUALITATIVE INTERVIEW FINDINGS

Background

- Rural settings are severely impacted by the overdose crisis
- Tablet injectable opioid agonist therapy (TiOAT) programs have been implemented in select communities

We sought to understand factors affecting accessibility of TiOAT in rural communities

Methods

- 32 Interviews with clients receiving TiOAT in Kamloops and Duncan BC
- October 2021 - April 2022

Findings

Proximity to the clinics

- Housing costs
- Reliable transportation

It’s kind of out in the middle of nowhere kind of thing and we can only get a ride in twice a day, so it is a little bit harder to access and to get to, and then go back home...

Dispensing practices

- Witnessed ingestion 4 to 5x/day
- Take-away doses (“carries”)

The fact that I have to spend the whole day basically at the location ‘cause you got to take it and hang out for 15 minutes and then another 45 minutes down the road you can have some more. Like so it kind of ties you to the building, right?

Social Environmental Characteristics

- Positive relationships with clinical staff
- Connections with others

Well, I always thought drugs was a sociable thing...So, when I do get drugs, I like to find somebody to get high with. The [staff] here at the TiOAT program, they all converse when I’m doing my drugs... it is socializing.

Medication Interruptions

- Hospitalizations
- Incarceration (short or long-term)

I did end up in the hospital and it’s been horrible. Um, it’s, uh, I go through really bad withdrawal and every time I’ve gone to the hospital I haven’t got to access my TiOAT.

Acknowledgements

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Contacts

Please contact the evaluation team with any queries: manal.mansoor@bccsu.ubc.ca