


















Buprenorphine/naloxone To Go

Low-dose (micro-dosing) Initiation

Wallet-size dosing schedule

Cut along the box ✂

Low-dose (micro-dosing) Schedule -- Cross off the doses as you take them --			
Continue other opioid use to keep feeling well			
Day	Dose 1	8-12 hours between doses	Dose 2
1	0.5mg 		0.5mg 
2	1mg 		1mg 
3	2mg 		2mg 
4	3mg 		3mg 
Before Day 7, go to an addiction clinic or primary care clinic to get a new prescription			
5	4mg 		4mg 
6	6mg 		6mg 
7	8mg 		8mg 
<ul style="list-style-type: none">• Your tablet may be a circle  or a hexagon .• On this chart,  = 2mg. Your tablet may have a different dose. Be sure to double check. <p>If you need to, you can take medications like Advil/ Motrin, Tylenol, Gravol, or Imodium to help manage withdrawal symptoms</p>			